



**REVIVE**  
HEALTH & BEAUTY CLINIC

**2017**  
Treatment Guide



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# WELCOME TO REVIVE

*Walk into a world of complete sensory heaven, step into a temple of touch aroma where time is left at the door. A new journey begins... 'The retreat from the street' it's not just a treatment it's a total experience...*

Relinquish the stresses and strains of everyday life in our recently refurbished, multi-award winning salon for innovation in beauty, now offering an even wider range of treatments. Our modern stylish decor and soothing music will endeavour to help you escape from everyday stresses

You may just need an express treatment for a pick me up or if you prefer to unwind before your treatment in our relaxation area and let time pass by and truly nurture your mind, body and soul...

## dermalogica®

a skin care system researched and developed by The International Dermal Institute

*The moment your skin changed. Forever*

Dermalogica® is the number one choice for skin care professionals and consumers worldwide.

Truly understanding your skin is the first step towards a lifetime of skin health. Armed with Dermalogica®'s unique Face Mapping® skin analysis our Dermalogica® skin therapists will take a look at your skin zone by zone to give you real advice and a results driven regimen only available from a trained professional.

**Face Mapping® - Free**

Come and chat with us about your skin concerns. Using Dermalogica®'s unique Face Mapping® skin analysis, our skin therapist will look at your skin by dividing your face into fourteen zones. Each zone is thoroughly examined inch by inch through touch and sight with findings noted on a prescription sheet and aftercare pack with samples is also provided.



# DERMALOGICA® SKIN TREATMENTS

- 1 microZone®**  
 Solve your biggest skin concerns fast with a highly targeted treatment - great for those who are on the go.
- 2 Core**  
 Immerse yourself in our flagship skin treatment, which directs everything in Dermalogica®'s arsenal towards your best skin.
- 3 Expert Active**  
 From a resurfacing peel to high-tech skin therapy, these active treatments are designed with maximum skin fitness in mind.

## 1 - microZone® Treatment

microZone® is a 20 minute high intensity treatment to specifically focus on a targeted zones or zones. The micro zone treatment is great for those who want a quick targeted solution to an immediate skin care concern such as breakouts, tired eyes and dull skin.

- Flash exfoliation
- Hand repair
- Rapid spot clearing
- Eye rescue
- Moisture boost
- Oil control
- Lip renewal
- Skin smoothing
- Age management
- Blackhead relief

## 2 – Core Dermalogica® Customised Facial

A completely customised treatment to your skins own individual needs. Based on a consultation and thorough, zone by zone face mapping analysis, making it one individual treatment.....thats different every time! Providing phenomenal results in only a 60 minute treatment.

## 3 – Expert Active

### BioSurface™ Peel

Experience the power of BioSurface chemical Peel, a powerful skin resurfacing treatment. Great results with no risks or downtime and your skin will look and feel healthier than ever.

### IonActive™ Power Treatment

This professional treatment system leverages thermal activity to drive potent ingredients faster and farther into the skin. Treats skin ageing, uneven skin tone, acne or dehydration. An action-packed treatment with rapid results.

### Dermapen™ Mesotherapy

This new skin rejuvenation therapy is faster, less painful and more effective than the Dermapen. The Dermapen (TM) prompts the natural release of the skin's collagen and elastin for amazing anti-aging benefits, all without surgery. During the procedure a hyaluronic acid solution or advanced mesotherapy solution will be applied to enhance results.

Treatment	Duration	Cost	Course
Dermalogica® Face Mapping	-	FREE	-
Dermalogica® Customised Facial	60m	£40	-
IonActive™ Power Treatment	45m	£60	-
BioSurface™ Peel	25m	£60	-
microZone® Treatment	20m	£20	-
Dermapen™ Mesotherapy	-	£120	3 - £300

# CACI NON-SURGICAL TREATMENTS

## *CACI Ultra Non-Surgical Facelift*

An advanced treatment which focuses on all your ageing concerns. The ultra incorporates microcurrent muscle lifting and toning, ultrasonic peeling to gently resurface and deep cleanse the skin. LED light therapy and electrical stimulation is used to immediately plump fine lines and wrinkles. The perfect facial to combat all those ageing concerns.

## *CACI Non-Surgical Facelift*

Perfect for those needing high precision results, this treatment gently lifts, tightens and tones the facial muscles whilst smoothing the appearance of fine lines and wrinkles. Skin is beautifully re-hydrated whilst tone and texture is improved leaving the skin with a wonderful glow and a firmer more supple appearance. Relaxing treatment with immediate and dramatic results...a possible lunch hour face lift! \*Course of 10 - 15 treatments recommended

## *CACI Jowl Lift*

The Jowl lift treatment has been developed to specifically target muscle laxity around the jaw line. Using Quad probes specially designed to lift and firm the muscle and refine contours.



# CACI NON-SURGICAL TREATMENTS

## *CACI Ultra Eye Revive*

The new CACI eye revive is a must have treatment for anyone concerned with ageing and puffiness around the delicate eye area. The gentle 30 minute treatment soothes tired, puffy eyes, combats dark circles, reduces fine lines and wrinkles and lifts hooded eyes.

## *CACI Electro Cellulite Massage Treatment*

This amazing treatment combines the therapeutic benefits of massage and the effectiveness of microcurrent therapy. The stimulatory action of the ECM tones muscles and reduces inches by improving lymph drainage and breaking down fatty deposits.

## *CACI Ultra Skin Rejuvenation Facial*

This treatment uses ultrasonic vibrations to gently exfoliate and deep cleanse the skin, leaving a brighter, smoother complexion. LED photo stimulation is used to plump out and soften lines and wrinkles. This facial intensively hydrates and nourishes the skin.

## *Wrinkle Revolution*

The non-invasive, needle free alternative to collagen injections and dermal fillers is here! The wrinkle comb applicator combines high frequency and LED photo stimulation technologies to effectively plump out deep lines and wrinkles. This will instantly plump out lines and wrinkles from the very first treatment.

## *Lip Plump/Party Pout*

Get those lips looking juicy and luscious ready for the weekend! Using electrical stimulation and red LED light therapy to immediately plump the lips.

## *Active Acne*

LED photo therapy is clinically proven to treat acne concern. Red and Blue light therapy is renowned for their anti-bacterial, anti-inflammatory and wound healing properties. We use lights to stimulate healing and the Hydro mask to give an instant soothing and calming action, as well as reducing redness and irritation.

<i>Treatment</i>	<i>Duration</i>	<i>Cost</i>	<i>Course</i>
CACI Ultra Non-Surgical Facelift	75m	£60	10 - £540
CACI Non-Surgical Facelift	60m	£45	10 - £400
CACI Jowl Lift	25m	£25	10 - £200
CACI Ultra Eye Revive	30m	£35	10 - £300
CACI Electro Cellulite Massage	30m	£30	10 - £250
CACI Ultra Skin Rejuvenation	30m	£29.50	10 - £260
Wrinkle Revolution	20m	£20	-
Lip Plump/Party Pout	15m	£15	-
Active Acne	30m	£25	-



## BODY TREATMENTS

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*Using Dermalogica® therapeutic products*

### ***Massage***

Therapeutic Swedish massage specifically for aches and pains to reduce stress and tension. Warm oil is applied whilst you relax on our heated couches.

***\*Deep Tissue Massage Available***

### ***Luxury Back Massage***

Really spoil yourself with ultimate pampering, start off with a body brush and scrub to smooth the skin followed by a pressure point massage to ease away any knots finished with hot towels.

### ***Face, Scalp and Shoulder Massage.***

This massage focuses on the key areas of tension using dermalogica additives chosen for your specific needs.

### ***Lava Shell Massage***

The indulgent and truly pampering Lava Shells relax body massage offers an idyllic treatment combining the warmth of the shells with deeply relaxing massage techniques to create a sense of balance for the entire body and mind.

### ***Reflexology***

This wonderful deep foot massage aids the body's own self healing system, it includes relaxation and aids detoxification. A wonderful treatment to reduce stress and tension.

# BODY TREATMENTS

## *Hopi Ear Therapy*

Hopi Ear Candling is a wonderfully relaxing and beneficial treatment. It can help with many conditions and problems associated with the ear, nose and throat are to reduce stress and tension.

## *Total Revive*

Pure indulgence. Relax in our healing rooms on heated couches whilst mind, body and spirit are nurtured. Dry skin brushing and exfoliation followed by pressure point touch massage using warm oils, combined with a deluxe facial and scalp massage, melts away all tension.

## *Lipofirm Inch Loss Wrap*

Sculpted silhouette inch wrap body sculpting treatment. This bio-active, fat cell reduction body wrap works to disperse cellulite and toxins, easing the inches away and leaving you with the perfect body contour.



<i>Treatment</i>	<i>Duration</i>	<i>Cost</i>
Massage - Full Body	50m	£40
Massage - Back, Neck & Shoulders	25m	£22.50
Deep Tissue - Back, Neck & Shoulders	25m	£25
Luxury Back Massage	25m	£28
Face, Scalp & Shoulder Massage	25m	£22.50
Lava Shell - Full Body	50m	£50
Lava Shell - Back, Neck & Shoulders	25m	£30
Reflexology	45m	£28
Hopi Ear Therapy	-	£22
Revive Total Tranquility	-	£65
Lipofirm Inch Loss Wrap - 3 Areas	-	£50
Lipofirm Inch Loss Wrap - 1 Area	-	£30





*The intelligent alternative to liposuction*

Ever wanted to lose weight and fat with minimal effort?

Ever been on a diet or to a gym and been disappointed that you didn't lose inches / fat from those stubborn places? E.g. stomach, arms (bingo wings), chin (double chin), love handles, thighs etc.

i-lipo™ could solve all this, a non-surgical safe procedure that is painless with no recovery time needed after treatment, and it literally dissolves the fat cells as you lie there!!

Now you can achieve spot reduction and target inch loss in specific areas without pain, needles or recovery time at a cost-effective price. i-lipo™ is probably the greatest advancement in the beauty industry since Botox®.

Consultation is required

For our latest course offers please contact us or visit our website.

Visit [www.Revive.co.uk](http://www.Revive.co.uk) for further information and testimonials.



BEFORE

AFTER



BEFORE

AFTER



BEFORE

AFTER

# ADVANCED TREATMENTS

# GROOMING FOR THE EYES

## *Tinting*

A skin test is required for any tinting, a minimum of 24 hours prior to treatment. See price list for full tinting options.

## *Ilah HD Brow Treatment*

A concept created by award winning celebrity beauty artist Tahira Wells. It's the ultimate hairdressing for brows!! This treatment is very similar to the HD Brow treatment with the tint lasting longer on the skin to create a fuller, more defined look, and on the brow hairs for up to 4 weeks (with proper aftercare). It also includes a stencilled brow makeup application that will last up to 24 hours.

## *LVL™ Lash Lift*

The original and official lash lift that adds volume, length and lift to your natural eyelashes without the need for lash extensions. Lasts up to 6 weeks. A stunning alternative to lash extensions.

## *Semi Permanent Eyelashes*

Innovative, state of the art semi permanent lash extensions that give you longer, thicker and very natural looking lashes for a striking and defined look that lasts. Individual eyelash extensions can last up to 8-12 weeks, depending on your natural lash growth cycle. To keep your lashes at their very best, we recommend infill

maintenance every 2-3 weeks and by avoiding the use of oil-based eye products, these eyelash extensions behave just like natural lashes and achieve a thicker, fuller and more flattering look.

\*A £20 non-refundable deposit must be paid at time of booking for a full set of lashes. This price will then be deducted from total treatment price.

<i>Treatment</i>	<i>Duration</i>	<i>Cost</i>
Eyelash Tint	20m	£10
Eyebrow Tint	10m	£7.50
Eyelash & Eyebrow Tint	25m	£15
Eyebrow Shape	15m	£7.50
Ilah HD Brow Treatment	30m	£20
LVL™ Lash Lift	50m	£36.50
Semi Permanent Eyelashes - Full Set	90m	£60
Semi Permanent Eyelashes - Half Set	75m	£40
Maintenance 2 Weeks	60m	£25
Maintenance 3 Weeks	75m	£35
Maintenance 4 Weeks	90m	£45

# GROOMING

## HAIR REMOVAL

### Waxing

Please do not use sunbeds or swim pre or post waxing.

Treatment	Cost	Treatment	Cost
Full Leg	£18.50	Full Leg & Bikini	£23
3/4 Leg	£15	Half Leg	£13
Under Arm	£7.50	Full Arm	£11
Half Arm	£8.50	Basic Bikini Wax	£9
Hollywood	£30	Extended Bikini Wax	£12.50
Lip	£6	Brazilian	£25
Lip & Chin	£11	Chin	£6
Face, Lip & Chin	£15	Eyebrows	£7.50
Back	From £15	Chest	From £15

### Hot Wax

Basic Bikini	£12	Underarms	£10
Extended Bikini	£15		

### Electrolysis

Permanent hair removal using the advanced Sterex Blend method. Disposable needles always used.

15m - £16.50

30m - £26.50

## ADVANCED COSMETIC PROCEDURES

These treatments are performed using Advanced Electrolysis for effective removal of skin disorders and blemishes and the good news is that each procedure only takes a few minutes to complete.

Advanced electrolysis is a safe, fast and effective treatment for the removal of skin tags, thread veins, brown spots, blood spots, and age-related hair growth resulting in immediate and effective results offering an eventual blemish free smooth skin. Allow us to help you look and feel much better in your appearance by removing any unsightly skin blemishes that may have affected your confidence and well-being recently or throughout your life.

We have been trained and affiliated by STEREX the world leaders in advanced electrolysis

15m - £30.00

30m - £50.00

**STEREX**



# su-do TANNING

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## *Su-do*

Amazing Aloe Vera enriched formulation maintains skin moisture and softness

Spray tan-tropical airbrush tan with a beautiful natural look with a flawless finish.

**Full body - £18**

**Half body - £10**

Please ensure for best results, exfoliate skin thoroughly 24hours before, remove any unwanted hair 48 hours before, avoid any lotions, deodorants and perfumes the day of tanning, avoid wearing makeup to tanning session, bring loose dark clothing to change into after tanning.

# PERSONAL EXPERIENCE

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## CREATIVE NAILS



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### *CND™ Vinylux™*

VINYLUX™ is a breakthrough polish system that endures a week of fashion perfection...without a base coat! Exposure to natural light secures the patent-pending technology, creating an enduring, long-lasting polish. While ordinary polishes become brittle and deteriorate over time, VINYLUX™ dries naturally to a flawless finish and strengthens its resistance to chips over time.

### *CND™ Shellac™*

CND™ Shellac™ delivers 14+ day flawless wear, superior colour and mirror shine with zero dry-time and no nail damage. Available in 61 trend-setting shades that can be layered together to make infinite options, CND™ Shellac™ is a true innovation of chip-free, extended-wear nail colour!

### *CND™ Brisa Smoothing Gel*

The Ultimate CND™ Shellac™ Power Partner. An easily removable gel layer, that perfects and smoothes the surface of the natural nail. Applied before CND™ Shellac™, it extends the wear of the CND™ Shellac™ service and helps the strength of the natural nail.

Treatment	Cost
CND™ Vinylux™ - File & Polish	£10
- Manicure	£20
- Pedicure	£24.50
- Pedicure with Shellac	£30.
CND™ Shellac™ - Manicure	£23
- Removal & Reapplication	£25
- Soak Off	£5
- Soak Off & Tidy Up	£10
CND™ Brisa™ Smoothing Gel - Overlays Full Set	£29
- Soak Off	£10
CND™ Brisa™ Sculpting Gel - Extensions Full Set	£35
- Extensions With Shellac	£35
- Shellac Repair £2.50   Tip Repair	£3.50
- Soak Off	£10
Acrylic Nail Extensions - Full Set	£35
- Soak Off	£10
- French Polish	£1.50
- Nail Art	£1.50+
- Glitter - Per Nail/Full Set	50p/£3
- Gems	20p

## CND™ Brisa™ Sculpting Gel

Combines the superior performance of Brisa™ Gel and the superior removability of CND™ Shellac™, resulting in a superior new technology. Does not require filing of the natural nail.



Minx™ is the new celeb favourite - made of film, not polish. A solid nail coating, it comes in hundreds of designs and sparkly metallics. Available for hands and feet, come and get minxed.

**Minx™ Nails - £25**

## PROFESSIONAL MAKE-UP

**Airbase**  
The Next Generation of Airbrush Make-Up

### *Airbase, airbrush makeup*

The professional, silicone based airbrush makeup designed for flawless long lasting results.

**£25 - Day look**

**£30 - Evening look**

includes additional contouring, highlighting and heavier eye makeup

**£50 - Make up trial and on-the-day makeup application**



## Health & Lifestyle Coaching

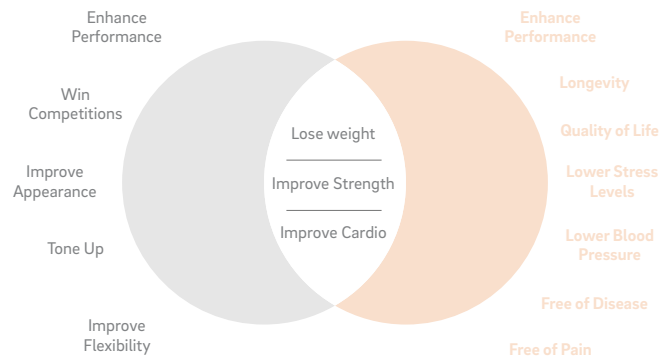
Our health & lifestyle coaches help you reach your goals with regards both your physical and mental health. More and more people have been turning to personal fitness trainers, but Health & Lifestyle Coaching allows you to reap the benefits of being healthier in both mind & body, which often goes hand in hand with improved fitness, strength, weight loss and the ability to deal with increasing amounts of stress we face in our day to day lives.

If you have specific health issues, or are simply puzzled by the often-contradictory information on what you should eat, and simply wish to be healthy, then we take the time to understand your current lifestyle and help you set or achieve any specific goals that you may have.

Once your goals have been set, we provide a tailor-made plan that will give you the best chance of success. This can also include regular mentoring and advice, at the places and times you need it most, and can also help with getting a fitness programme off to the right start.

**Prices from £30 for 60mins**

## FITNESS vs HEALTH



## *Nutrition Therapy*

It has often been said 'you are what you eat', and as science and research catches up with this way of thinking. It's becoming more obvious that our nutrition has a huge impact on how we feel and perform as a person.

Losing weight is often a goal set by many of us, but sadly so many end up putting this weight back on. Having done extensive research and gaining hours of practical knowledge we can help you understand how you can achieve a better you through our nutrition therapy.

We'll help tailor-make a nutrition programme for you and help you improve from the inside out, overtime forming a solid core of radiant health.

**Prices from £30 for 60mins**

## *Specialist Coaching & Mentoring*

We can also offer specialist coaching for those with specific issues where the medical profession can no longer assist or offer to help.

To ensure we can assist you and an indication of prices, please contact us for a free consultation.

## *Lifestyle Supplements*

We offer a range of supplements that can assist your body in getting phytonutrients and other nutrients that are often missing from the diets we consume in our ever increasing convince food diets. These supplements can help ensure our bodies are well nourished and help combat common issues ranging from lack of energy to underperforming immune systems.

These supplements come in an affordable convenient capsule / powder format that wherever possible are organic, gluten free & vegan friendly.

**1 Months supply starting from £15.00**



## WE ALSO OFFER

Pamper Packages

Prom night

Hen parties - customised to your requirements

Gift vouchers for all treatments

**STOCKISTS OF:** Dermalogica®, Su-do, Caci, Lash Perfect, CND™, Nouveau, Dermapen™, Jane iredale & Airbase.

Special arrangements can be made for people with disabilities.

**DIRECTIONS:** Turn off M4 at J26, head for Cwmbbran, at 5th set of traffic lights turn right, then next right. Directly opposite Parc-Y-Prior pub. **Free and easy parking**

All treatments are subject to our Terms & Conditions. You will be asked to sign a copy. Please arrive 10 minutes prior to treatment if it is your first appointment at the salon. We require this time for you to complete a personal consultation card. Some treatments may require a patch test 24hrs prior to the treatment. In addition, we operate a cancellation and 'no-show' policy, where we reserve the right to retain deposits or ask for payment for treatments. This and our full T&C's can be requested or viewed at our salon.

# EXCEPTIONAL SERVICE

Revive beauty clinic is owned by **Nicola Davies** who has over 25 years experience in the industry. Nicola has a hands on role providing treatments to clients, many of which have been loyal to her for 20 years or more. Outside of the clinic Nicola is also a senior lecturer, at one of Wales' largest college.

As the clinic is managed by an award winning salon owner you can be assured of a professional and enjoyable experience every time you visit Revive. With an enviable reputation of being first to bring some of the most innovative treatments, normally associated with top London clinics, to Wales.

When you visit Revive you can expect much more than just a treatment, it is a '*retreat from the street*', a place you can visit and leave the daily stresses and distractions behind. Allowing you to relax, focus on yourself and all this while being pampered by our professional caring staff.

*Follow us on social to keep up to date with the latest special offers:*

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